

## 10ft. Xtreme Air™ Trampoline Manual

### SAFETY INFORMATION



Visit [www.bestwaycorp.com/support](http://www.bestwaycorp.com/support) for help

WE SUGGEST NOT TO RETURN THE PRODUCT TO THE STORE

QUESTIONS? PROBLEMS? MISSING PARTS?

For FAQ, Manuals, Videos Or Spare Parts, Please Visit [bestwaycorp.com/support](http://bestwaycorp.com/support)

#### Read these materials prior to assembling and using this Trampoline.

Carefully read, understand, and follow all information in this user manual before installing and using the trampoline. These warnings, instructions, and safety guidelines address some common risks of recreation, but they cannot cover all risks and dangers in all cases. Always use caution, common sense, and good judgment when enjoying any trampoline activity. Keep these instructions. If the instructions are missing, find them on our website [www.bestwaycorp.com/support](http://www.bestwaycorp.com/support).

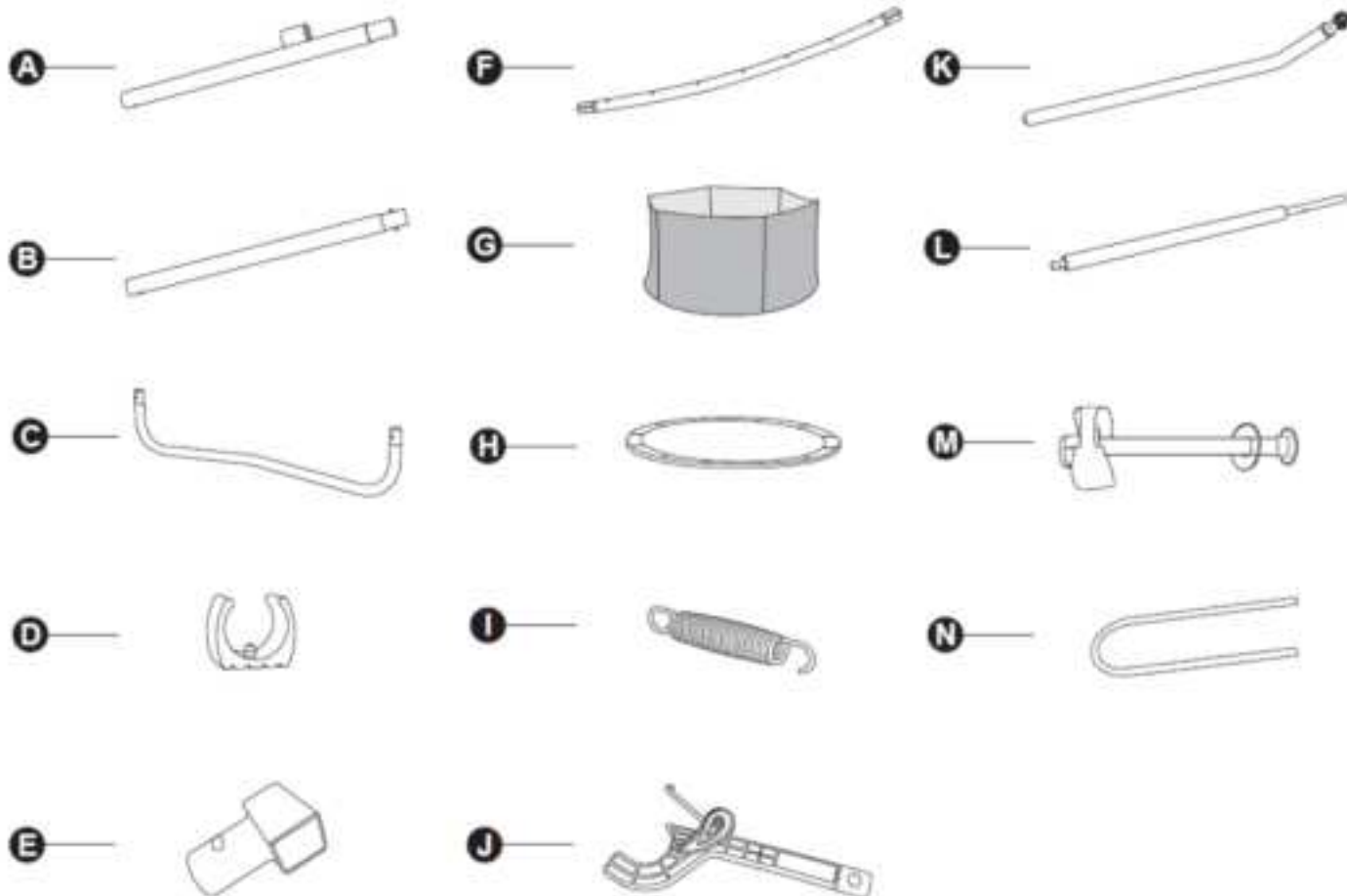
#### WARNINGS

- Only for domestic use. For outdoor use only.
- Only one user. Collision hazard. Maximum weight of the user shall not exceed **90 kg (200 lbs)**.
- The trampoline shall be assembled by an adult in accordance with the assembly instructions and thereafter checked before the first use.
- Adult supervision required.
- Jump without shoes; No somersaults.
- Do not use the mat when it is wet.
- Empty pockets and hands before jumping.
- Always jump in the middle of the mat.
- Do not eat while jumping.
- Do not exit by a jump.
- Limit the time of continuous usage (make regular stops).
- Always close the net opening before jumping.
- Do not use in strong wind conditions and secure the trampoline.
- It is not buried trampoline, not intended to be buried into the ground.
- It is recommended to place the trampoline on a level surface at least 2 m from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines or electrical wires.
- The trampoline shall neither be installed over concrete, asphalt or any other hard surface nor at proximity of other conflicting installations (e.g. paddling pools, swings, slides, climbing frames).

- Any modifications made by the consumer to the original trampoline (e.g. the adding of an accessory) shall be carried out according to the instructions of the manufacturer.
- Check all nuts and bolts for tightness and tighten when required.
- Check that all spring-loaded (pit pin) joints are still intact and cannot become dislodged during play.
- Check all coverings and sharp edges and replace when required.
- Outdoor trampolines should be equipped with a device that in strong wind conditions avoid displacement due to wind (e.g. steel bars in the ground or loads like sand bag or water bags) and/or items catching wind like net and mat should be removed.
- In certain countries during winter period, the snow load and the very low temperature can damage the trampoline. It is recommended to remove the snow and store the mat and the enclosure indoor.
- Check that mat, padding, enclosure and soft surface are without defects.  
**NOTE:** Sunlight, rain, snow and extreme temperatures reduce the strength of these parts over time.
- Ladder lets young children climb onto trampoline.
- Trampolines not for children under 6 years.
- Do not use ladder if children under six might be nearby.
- Remove when trampoline is not in use.

## PARTS & TOOLS NEEDED

Compare the parts in your box to the parts listed in this manual. Verify that the equipment components represent the model that you had intended to purchase. If any parts are damaged or missing at the time of purchase, visit our website [bestwaycorp.com/support](http://bestwaycorp.com/support).



<p>Xtreme Air™ 59103</p>	<p>3.05 m × 2.55 m 10 ft. x 8 ft. 4 in.</p>
------------------------------	---

<b>A</b>	Vertical Leg A	x4	<b>F</b>	Base Rail	x8	<b>K</b>	Upper Frame Support with Support Cap	x4
<b>B</b>	Vertical Leg B	x4	<b>G</b>	Trampoline Mat with Enclosure Netting	x1	<b>L</b>	Lower Frame Support with Foam	x4
<b>C</b>	Leg Base	x4	<b>H</b>	Frame Pad	x1	<b>M</b>	Screw Set	x4
<b>D</b>	Foot Pad	x8	<b>I</b>	Spring	x56	<b>N</b>	Anchor	x4
<b>E</b>	T Connector	x8	<b>J</b>	QuickSpring™ Trampoline Tool	x1			

## SETUP INSTRUCTIONS

### Assembly Instructions

For installation instructions, scan the QR Code printed on the front cover or follow the illustrations below. Drawings are for illustration purposes only. May not reflect actual product. Not to scale.

Assembly of this trampoline can be completed without additional tools. Bestway is not responsible for damage caused to the trampoline due to mishandling or failure to follow these instructions.

### Helpful Tips

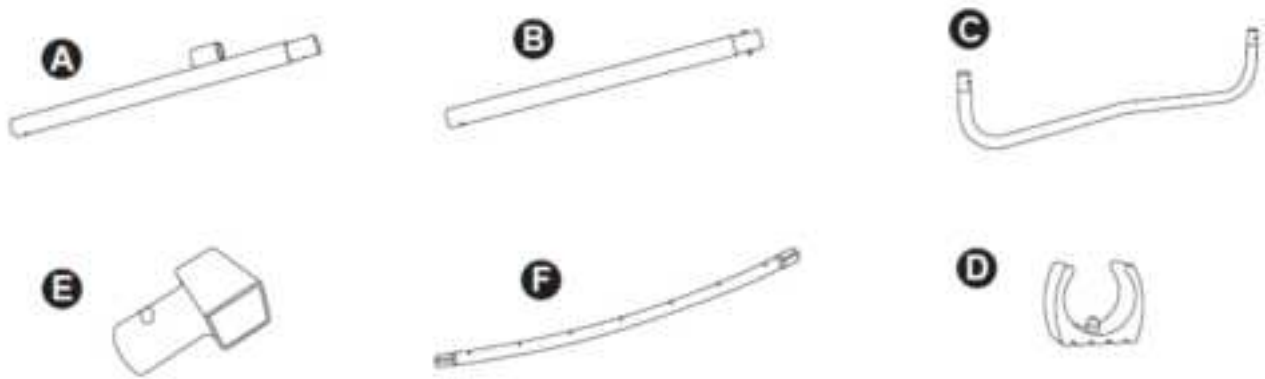
- We suggest assembling the product with at least two people, making it easier to manage and move the structure. Assembly time may vary based on individual experience.
- Use gloves (not included) to avoid injury during assembly.
- Use the Special QuickSpring™ Trampoline Tool (Part J) to assembly screws and springs. The front part of the tool is for installing the springs, while the lower part of the handle is for fixing the screws.

**NOTE:** The assembly steps are intended to simplify the installation process. We strongly suggest you follow them in the recommended order to avoid an increase in the assembly time.

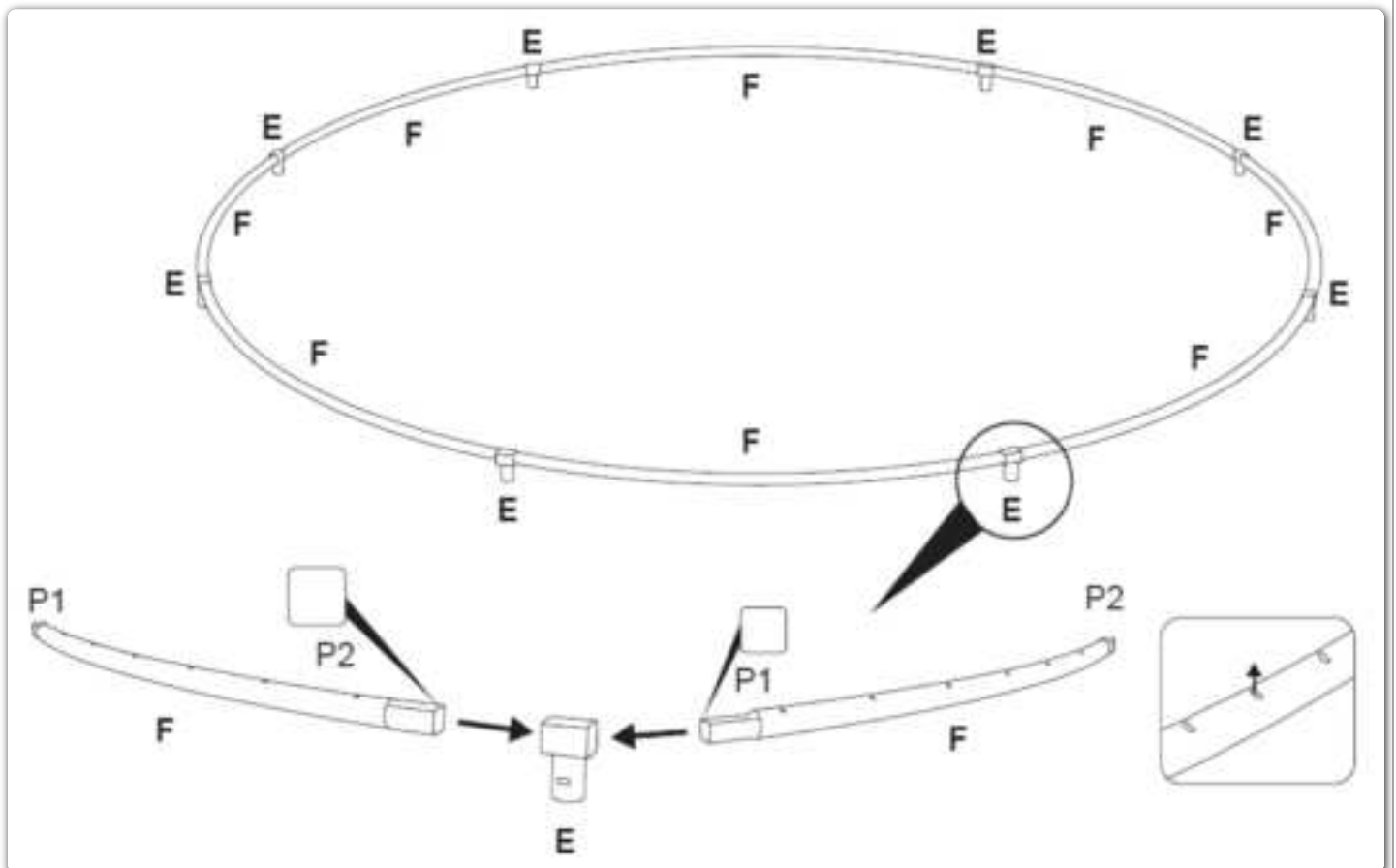


## INSTALLATION

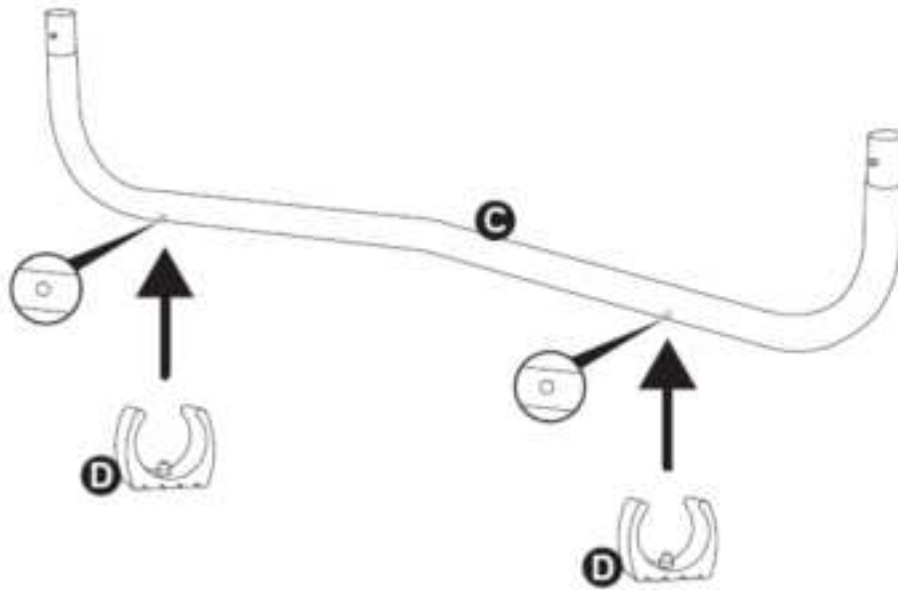
### Base Assembly



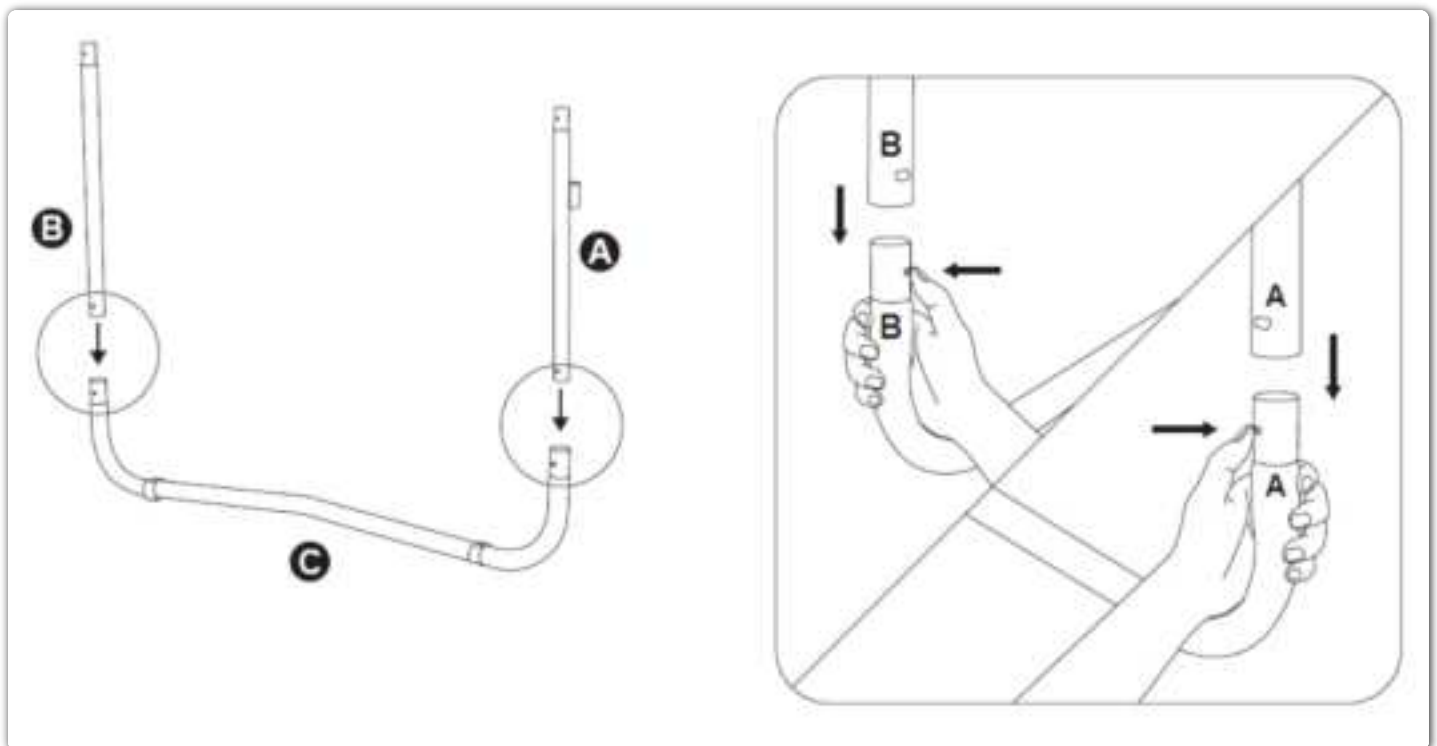
1 . Connect the Base Rail (F) with the T-connector (E). The base rails have different-sized ends, a small one (P1) and a large one (P2). First, insert the large end (P2) into each T-connector and then the small end (P1). Make sure the spring slots are facing upward.



2 . Insert the Foot Pad (D) onto the bottom of the Leg Base (C). Make sure the pins on the foot pads match the holes on the leg base.

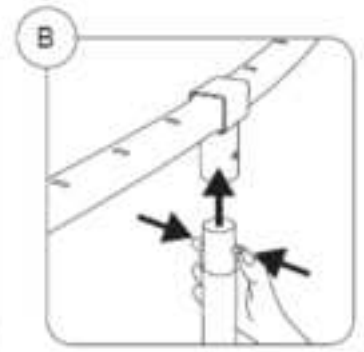
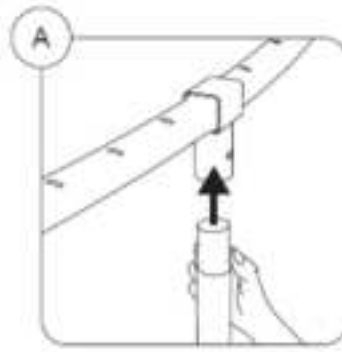
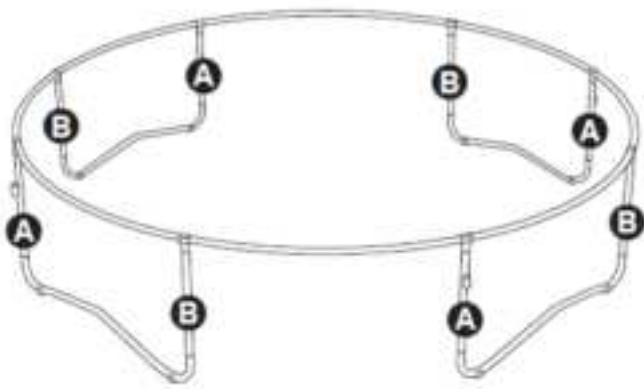


3 . Connect the Vertical Leg (A) and the Vertical Leg (B) onto the Leg Base (C) to form the base structure. Make sure the spring-loading pins on the two vertical legs are inserted correctly.

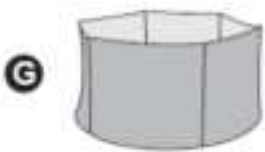
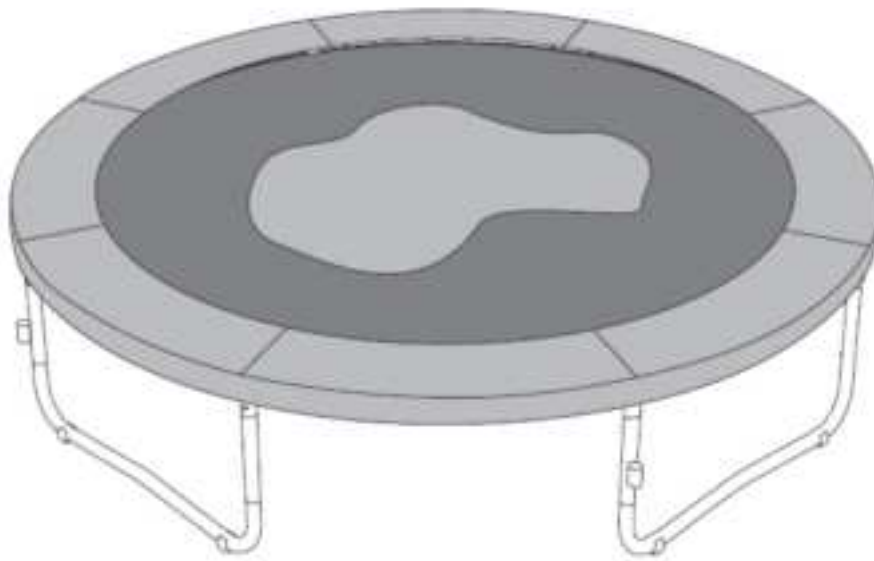


4 . Insert the base structure completed in Step 3 into the T-Connector (E) from Step 1. Ensure that the spring-loading pins of the vertical legs are inserted into the T-connectors correctly.

**IMPORTANT:** Each Vertical Leg (A) should be mounted in the same position, with the metal cube facing outwards.

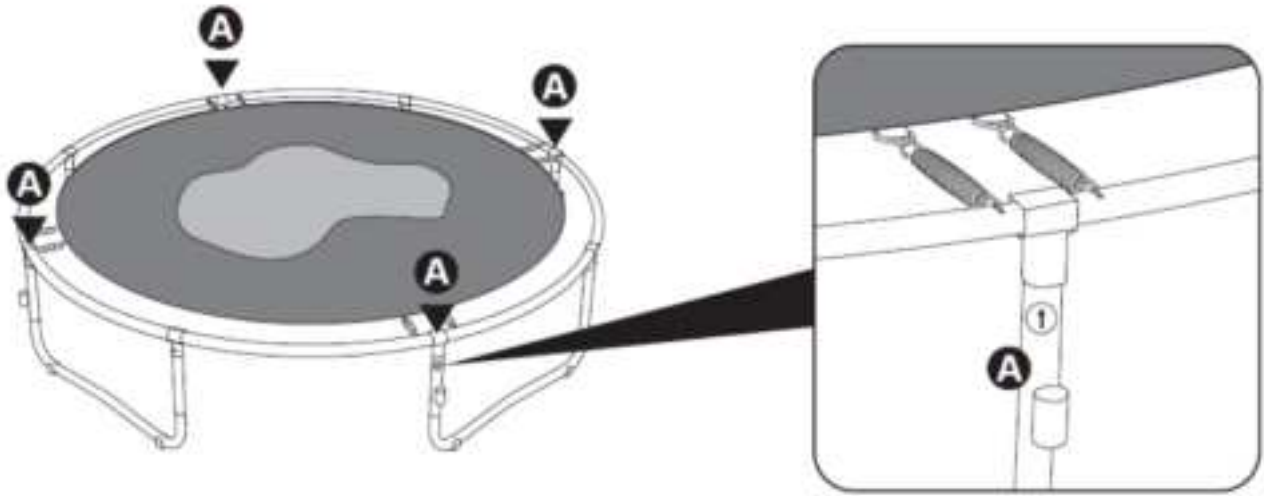


### Spring Assembly



Feel free to scan the QR Code for the installation clip of this section!

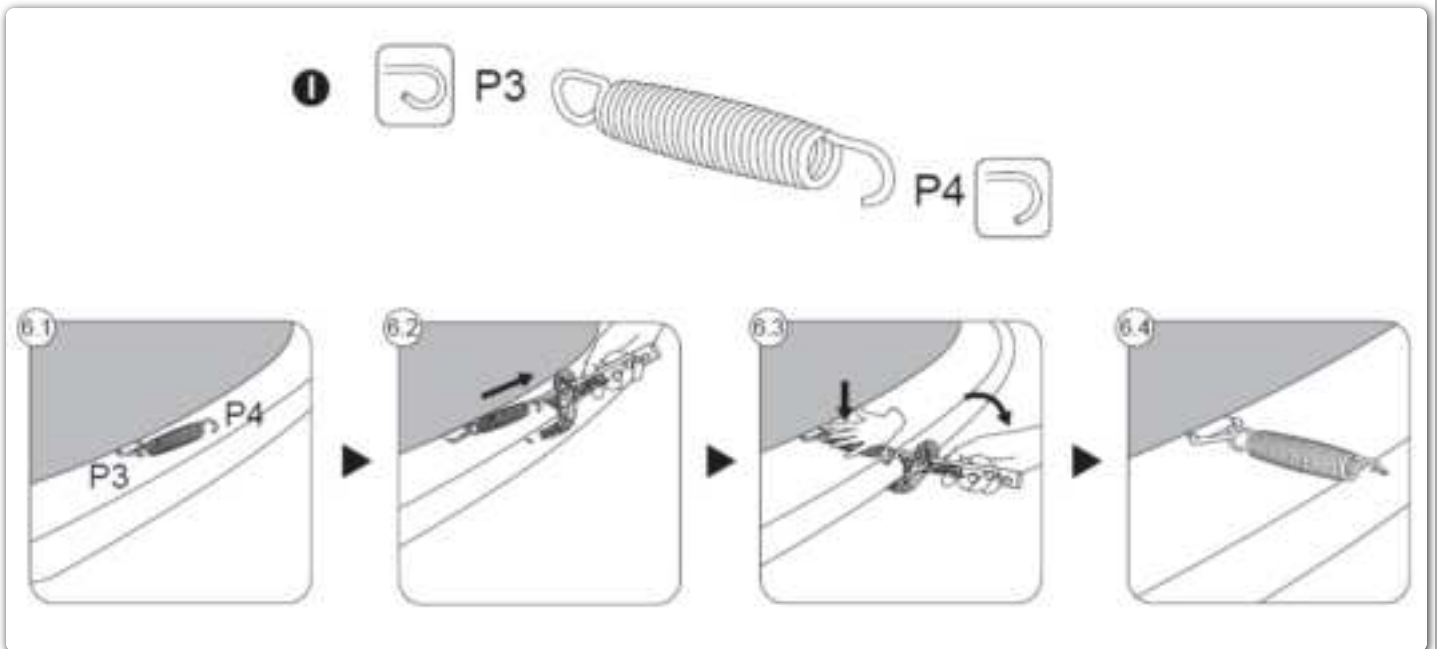
3 . The Trampoline Mat (G) has metal rings with red markings, which should be the first ones using springs to connect to the frame of the upper structure. These rings with red markings should be on each side of the Vertical Leg A and match up with the posted upward-arrow red stickers.



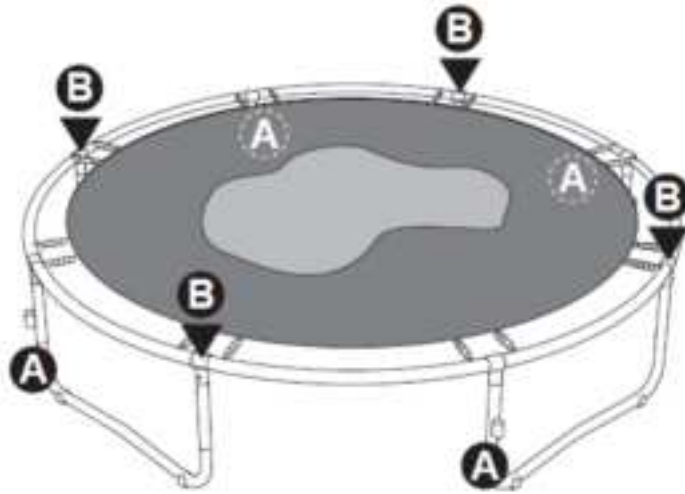
4 . The spring (I) has two ends with different shapes: the P3 end must be inserted into the rings of the Trampoline Mat (G), while the P4 end must be inserted into the frame of the upper structure.

The assembly of the springs must be carried out using the QuickSpring™ Trampoline Tool (J):

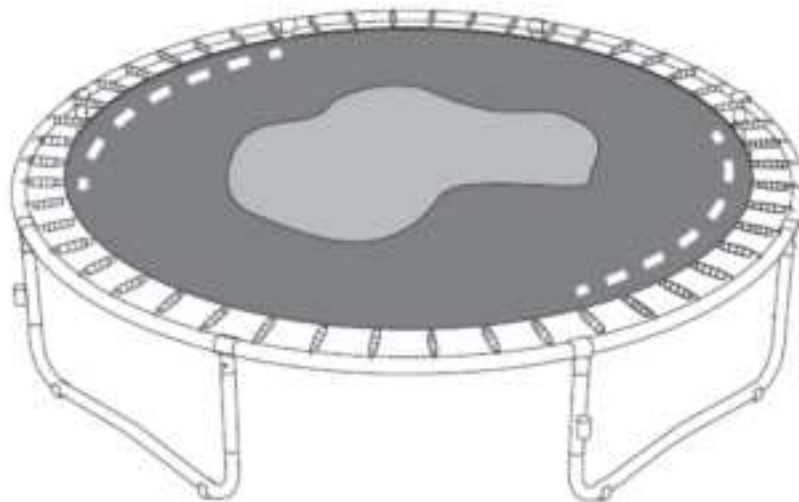
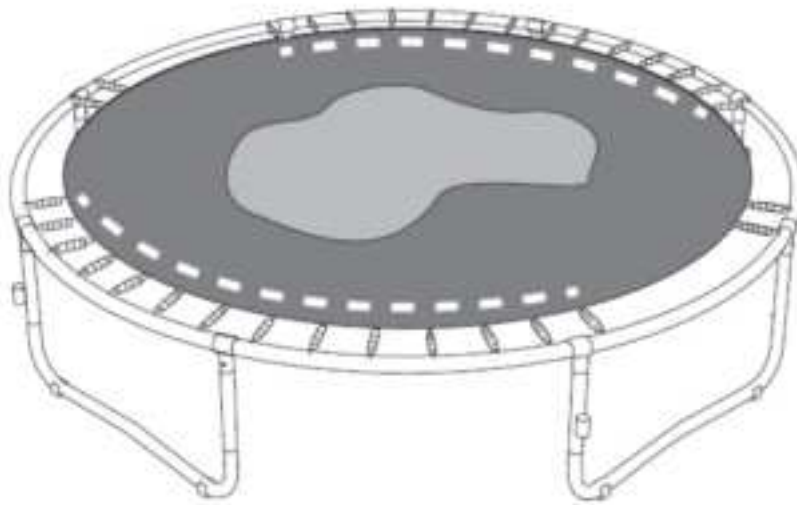
- Insert the P3 end of the spring into the metal ring of the mat.
- Use the QuickSpring™ Trampoline Tool (J) to hook the P4 end of the spring, align the curved, U-shape part of the QuickSpring™ Trampoline Tool with the rounded edge of the frame, and rotate the tool handle downward to pull the spring toward you and insert it into the frame.
- Insert the P4 end of the spring into the slot in the frame of the upper structure, and use your other hand to brace yourself for support as needed.



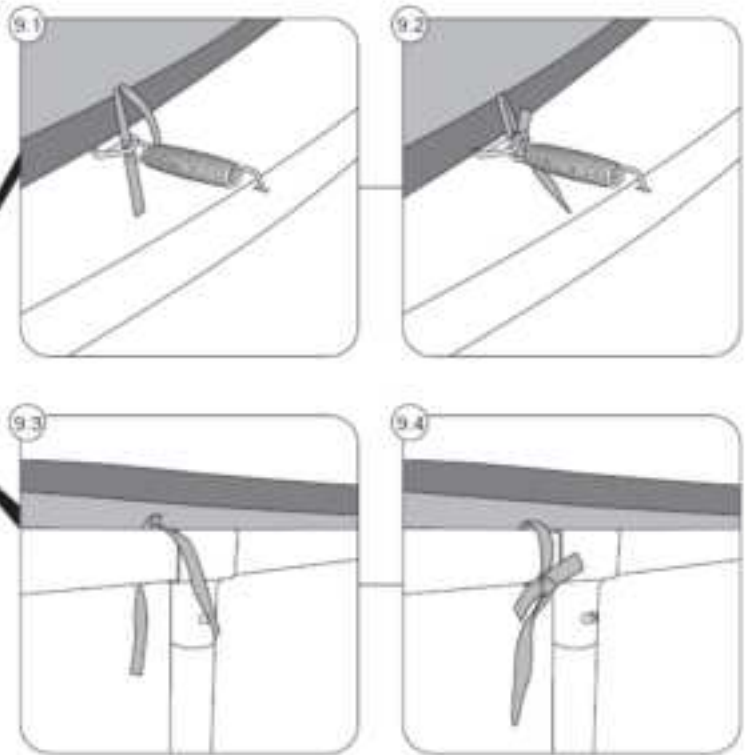
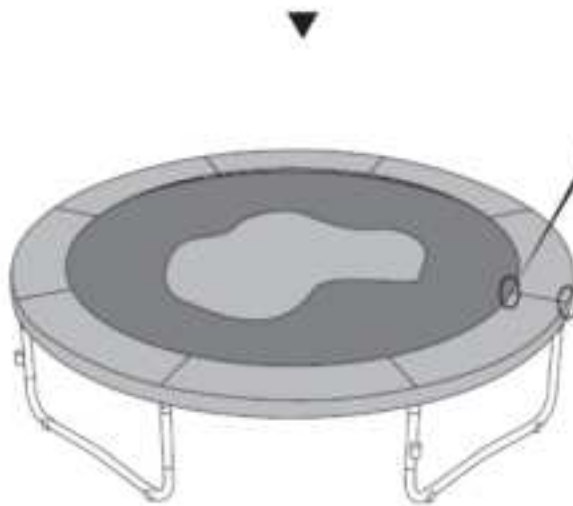
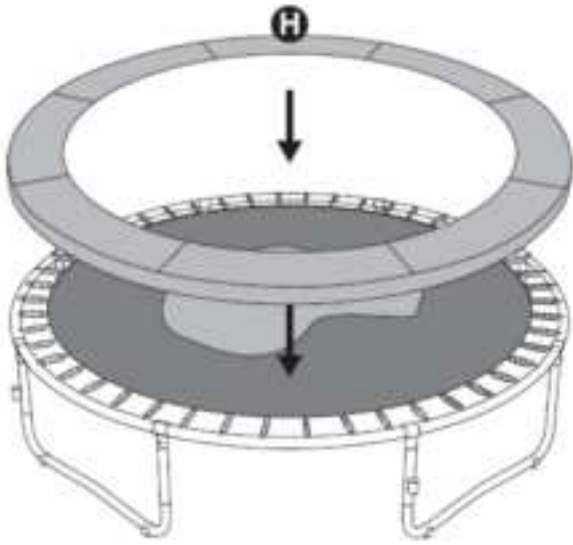
5 . Connect the metal rings to the frame on each side of Vertical Legs B.



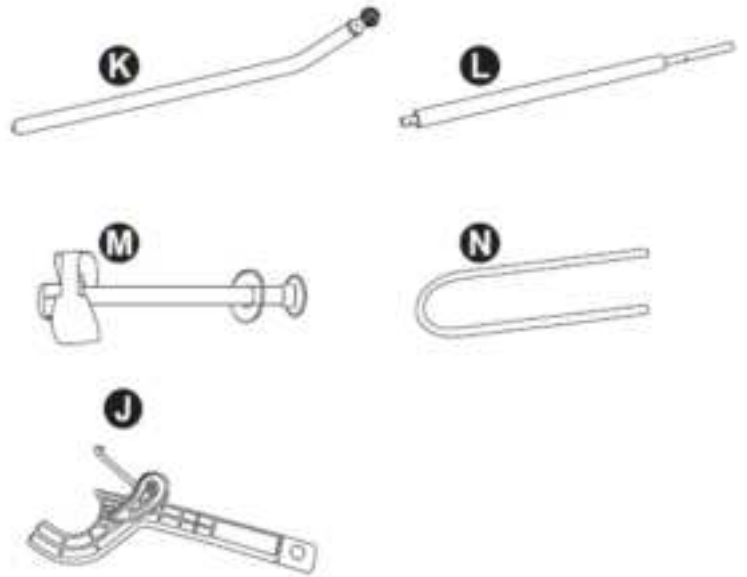
6 . Cross-install the rest of the springs.



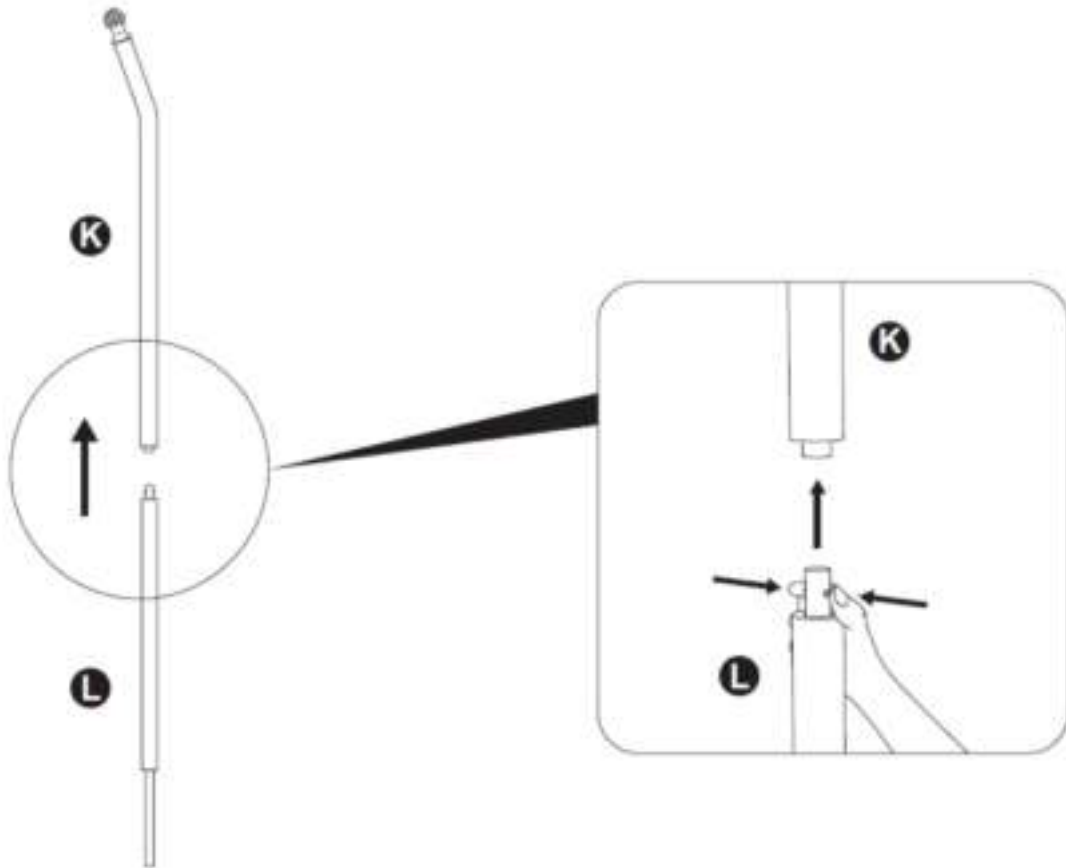
7 . Position the Frame Pad (H) over the springs and frame. Use the provided strings to secure the Frame Pad (H) to the metal rings of the trampoline mat (9.1&9.2) and the frame of the upper structure besides the vertical legs (9.3&9.4).



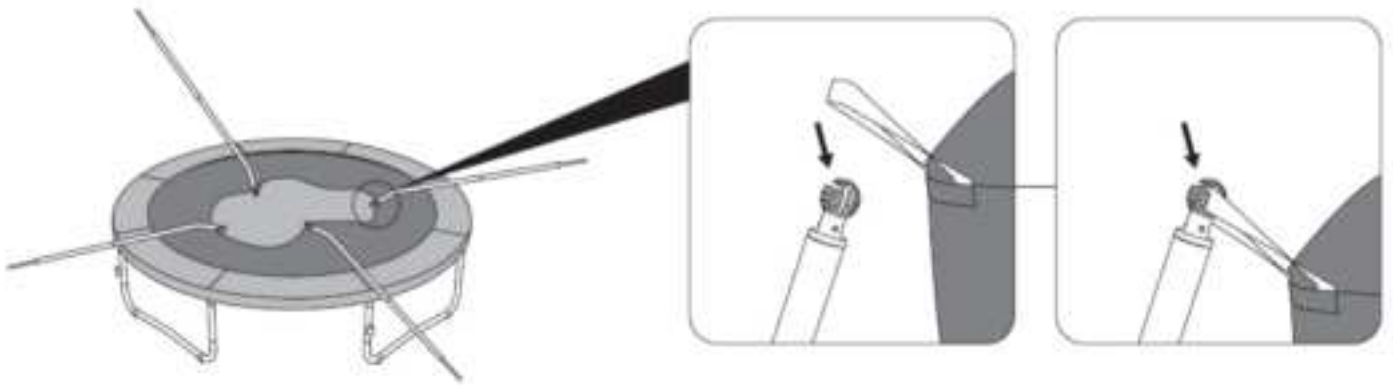
**Enclosure Net Assembly**



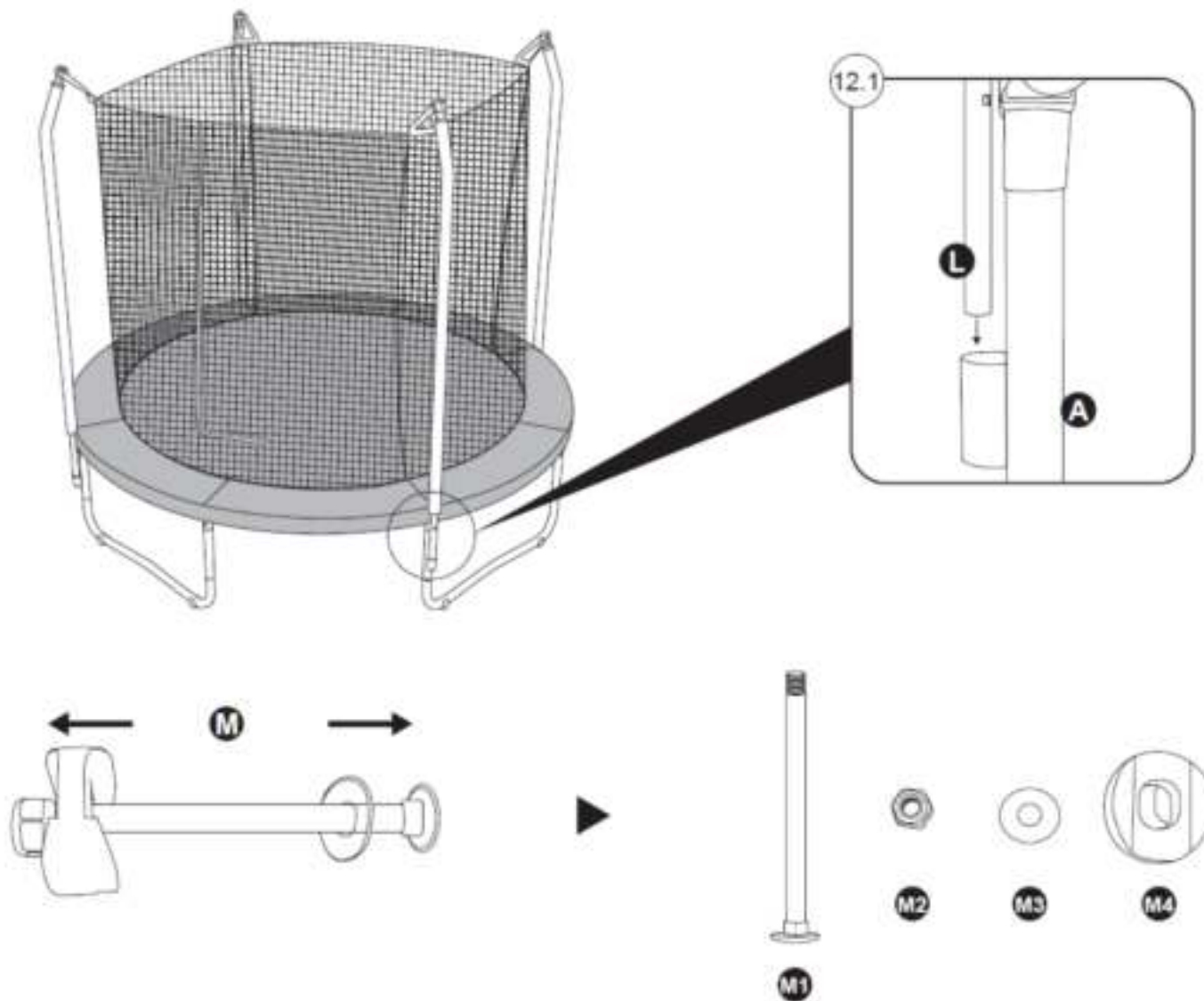
8 . Insert the Lower Frame Support with Foam (L) into the Upper Frame Support with Support Cap (K).

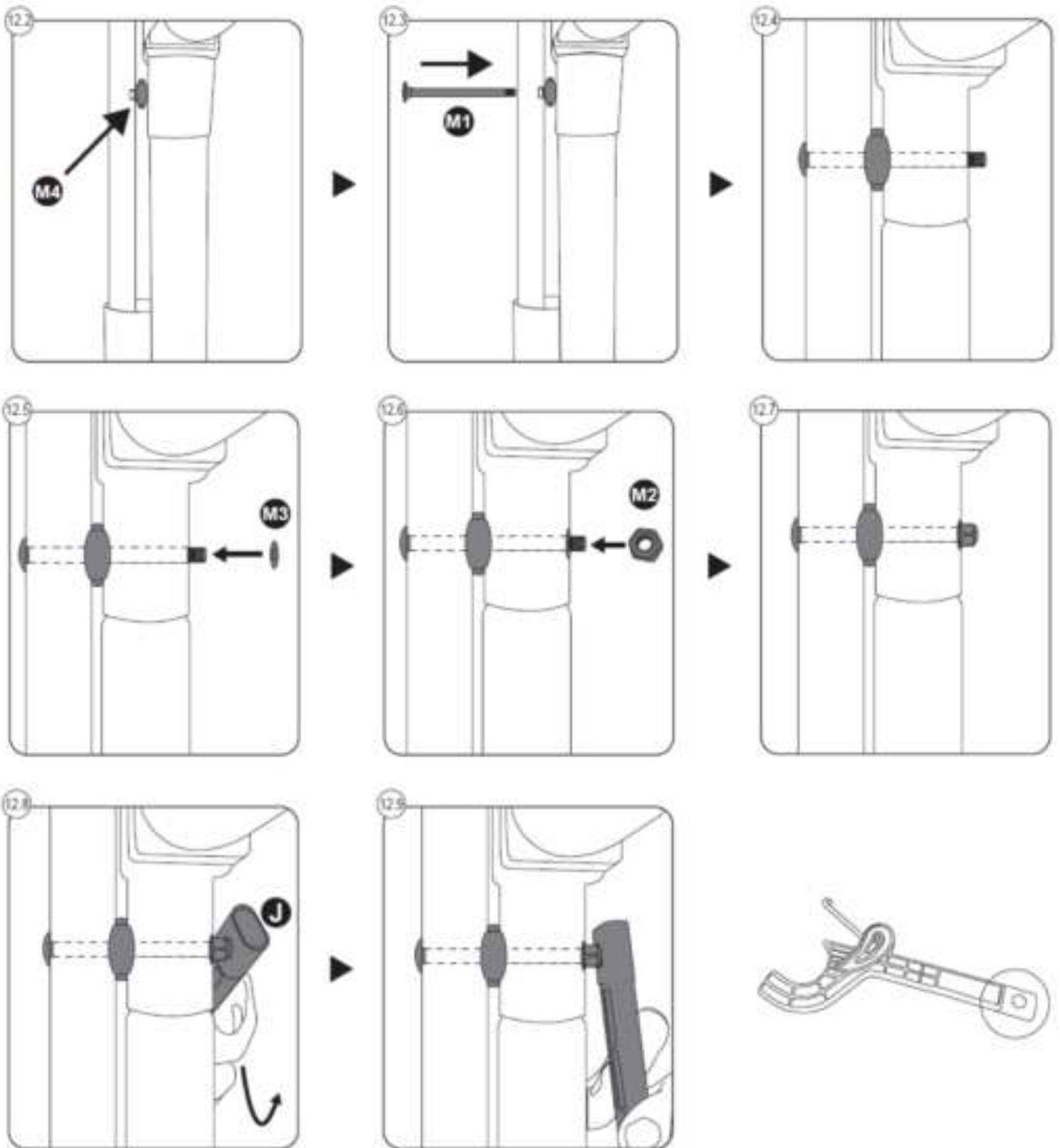


9 . Attach the Support Cap of the Upper Frame Support (K) to the top of the enclosure netting. Make sure the caps' opening faces outward.



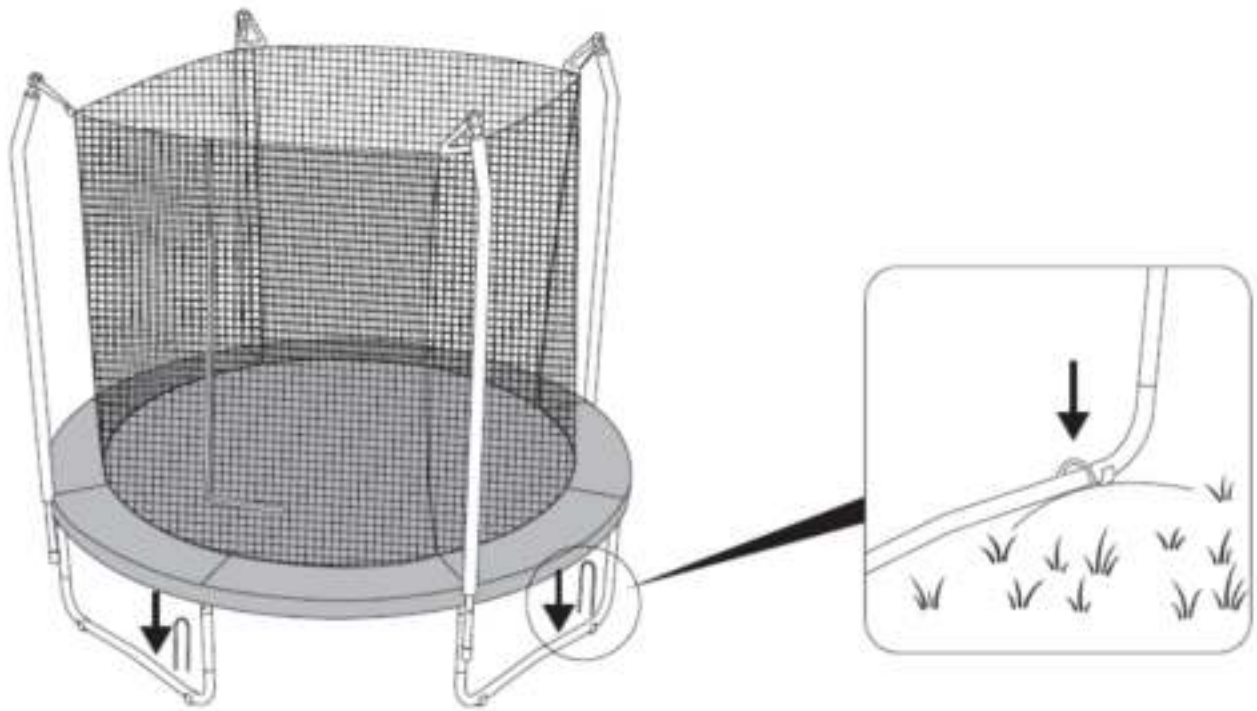
10 . Insert the Lower Frame Support with Foam (L) into the outward-facing metal cube on the Vertical leg A as shown in 12.1. After that, follow the provided sequence to secure the frames and legs using the Screw Set (M). The Screw Set is composed of four parts, each of which will be used in different positions as shown in 12.2 to 12.9.





The QuickSpring™ Trampoline Tool (J) is specially designed for multiple uses during the setup. You can use the wrench at the end of the handle to tighten the screws.

11 . Complete the trampoline installation by fixing the Anchors (N) to the ground. Anchors are designed to secure the trampoline and reduce the risk of the trampoline moving when it's windy or in use.



## USE INSTRUCTIONS

### FUNDAMENTAL TRAMPOLINE SKILLS

Trampolining is a fun and engaging activity that requires some basic knowledge of steps and bounces. To get started, we suggest you follow the lessons outlined here.

Before you begin your trampoline journey, it's essential that you read and fully understand all the safety guidelines. It is also necessary for the supervisor to have a complete lesson with the user regarding body mechanics, proper posture, and the guidelines governing trampoline usage. This lesson should be complemented by a demonstration of the correct procedures to be followed.

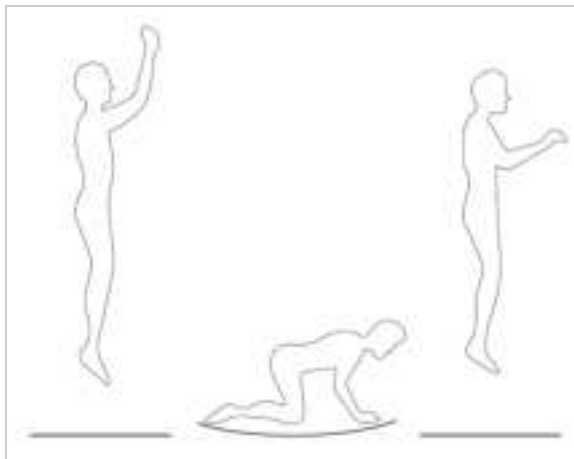
**IMPORTANT:** Do not jump with shoes. It can damage the trampoline mat and increase injury risk. We suggest jumping with bare feet or wearing non-slip socks.

**IMPORTANT:** Before starting the lesson, demonstrate and practice proper techniques for safely mounting and dismounting the enclosure netting.

#### Lesson One - Feet Drop

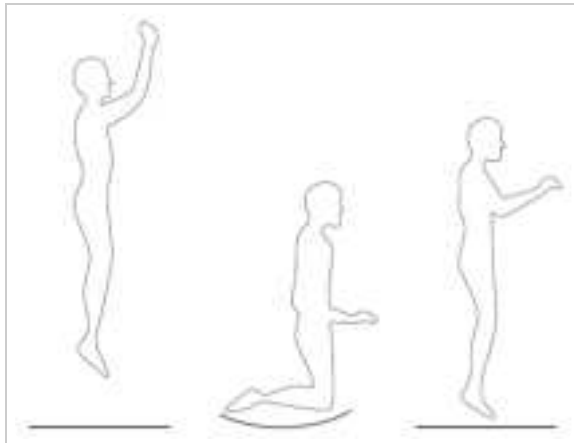
	<ol style="list-style-type: none"> <li>1. Bounce from a standing position, keep your head upright and your eyes focused on the frame pad.</li> <li>2. Swing your arms forward and upward in a circular motion.</li> <li>3. While in the air, bring your feet together and point your toes downward.</li> <li>4. When landing on the mat, maintain a shoulder-width distance between your feet.</li> </ol>
--	---

#### Lesson Two - Hand and Knee Drop



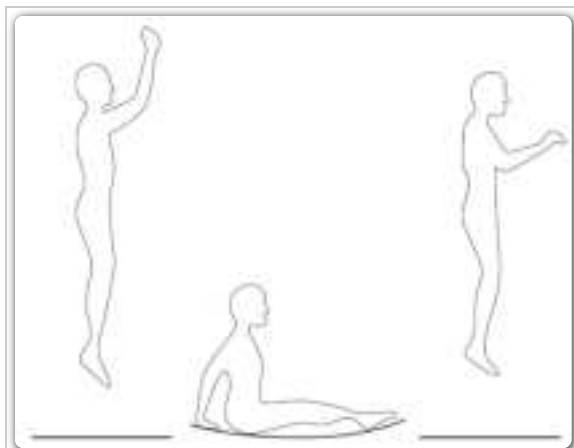
1. Bounce from a standing position, and keep your eyes focused on the frame pad.
2. Land on the mat on your hands and knees.
3. Push yourself up with your hands back to the standing position.

### Lesson Three - Knee Drop



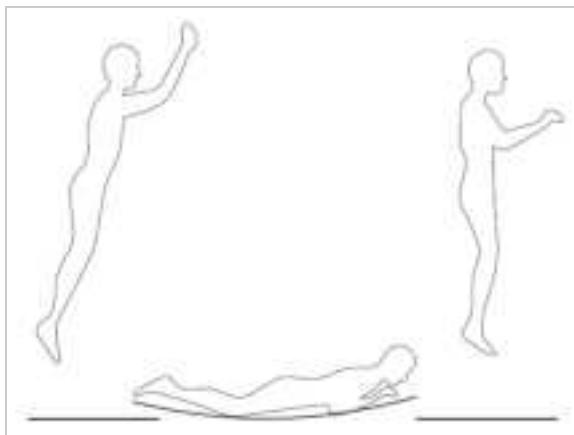
1. Bounce from a standing position, and keep your eyes focused on the frame pad.
2. Land on the mat on your knees, keeping your back straight and your body upright.
3. Come back up to the standing position.

### Lesson Four - Seat Drop



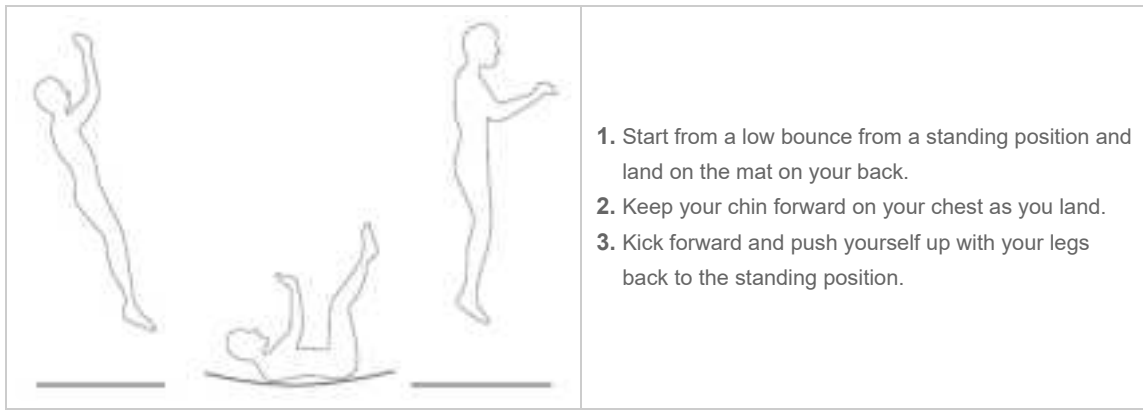
1. Bounce from a standing position, and keep your eyes focused on the frame pad.
2. Land in a seated position with your legs parallel to the mat.
3. Put your hands on the mat beside your hips.
4. Push yourself up with your hands back to the standing position.

### Lesson Five - Front Drop



1. Start from a low bounce from a standing position and land on the mat on your stomach.
2. Keep your head up and your arms extended forward on the mat.
3. Push yourself up with your arms back to the standing position.

### Lesson Six - Back Drop



1. Start from a low bounce from a standing position and land on the mat on your back.
2. Keep your chin forward on your chest as you land.
3. Kick forward and push yourself up with your legs back to the standing position.

Congrats! You have learned each of the above lessons. We encourage you to design and figure out your routine during the trampoline journey, paying attention to good form. The supervisor may judge or grade users and arrange groups for further instruction accordingly.

## MAINTENANCE INSTRUCTIONS

Before every use, check every part of the trampoline, such as the springs, trampoline legs, and enclosure net. The legs should be locked securely in place, all the springs attached to the frame, and there should be no tears in the enclosure net. The trampoline could become dangerous if these checks are not carried out. The net should be replaced every 2 to 3 years. If any part becomes damaged or worn, please stop using the trampoline immediately until this part is replaced with authorized Bestway parts.

If you need to move the trampoline, two or more people are required to lift the trampoline from the ground. Do not drag the trampoline. Failure to follow these instructions may result in damage, which will not be considered a manufacturer defect and will void the warranty and any service claims.

If you need to remove the trampoline, it is recommended to disassemble the trampoline and then reassemble it in the new location.

Remove debris from the jumping mat before every use. Remove the net from the posts and sweep away debris or zip down the enclosure net and blow away debris with a leaf blower. If there is something sticking to the mat, we suggest using a cotton cloth to gently clean it. Do not use any abrasive brushes or tools to avoid damaging the mat.

## DISASSEMBLY & STORAGE INSTRUCTIONS

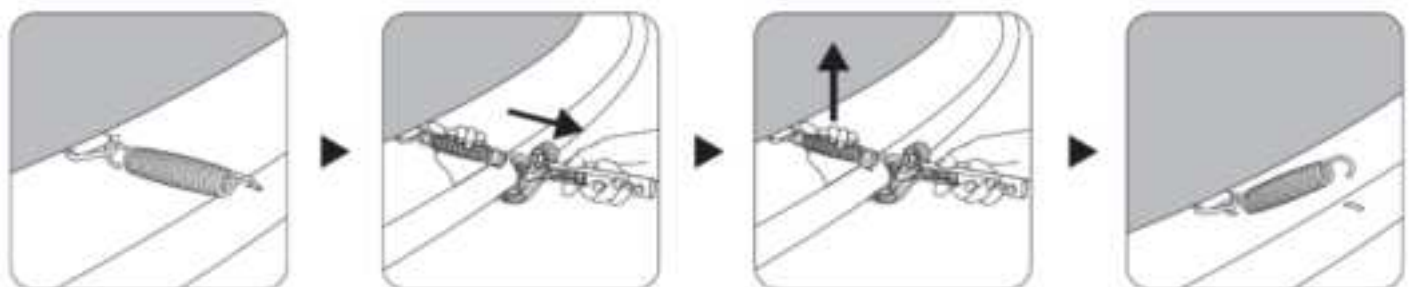
- If you need to disassemble the trampoline, please follow the assembly instructions in reverse and take special care to retain all parts. Retain original packaging for transport purposes.
- Do not attempt to disassemble any frame components until all the springs and the trampoline mat have been removed.
- Use gloves (not included) to avoid injury.

When disassembling the springs,

- Use the QuickSpring™ Trampoline Tool (J) to pull out the P4 end of the spring from the slot in the frame.
- Lift the spring with the help of the other hand until the P4 end is detached.



*Feel free to scan the QR Code for the disassembly clip of this section!*



### Cleaning

After use, gently clean the mat with a soft, cotton cloth. Do not use any abrasive brushes or tools to avoid damage.

**Storage**

The trampoline and enclosure net must be stored away during harsh weather conditions, including extreme wind, heat, and freezing temperatures.

Always store the trampoline and enclosure net when not in use and secure from unauthorized uses.

**WARRANTY TERMS**

For support and product registration, please visit [bestwaycorp.com/support](https://bestwaycorp.com/support).